

Natural Therapy Quiz

Take this quiz and discover your optimum treatment program. There are no "right" or "wrong" answers. **Your answers guarantee you are making the choice that is 'best' for YOU.**

1) In the children's story "The Tortoise and the Hare," you identify most closely with:

- a) The Hare - starts out really fast but eventually loses the race
- b) The Tortoise - starts out slowly but wins the race in the end

2) You are offered a 2 carat cubic zirconium ring today or a top quality 1 carat diamond ring in 10 months. Do you:

- a) take the cubic zirconium ring today
- b) wait 10 months for the diamond ring

3) You are offered 2 travel options from San Diego to New York:

- a) a bicycle that is ready to go today
- b) a Ferrari that needs a 2 month tune-up before it can start

4) You are given a gift of \$5000 to purchase a new outfit:

- a) you visit the nearest designer boutique and make your purchase
- b) you choose to work with a designer for 6 months to create a one-of-a-kind outfit

5) When planning a major sightseeing trip you prefer to choose a destination where the weather:

- a) is never too good but never really bad either
- b) is most often very good but could make it impossible to leave the hotel, and defeat the whole purpose of the trip

6) To prepare for your retirement, you:

- a) buy lottery tickets and hope you win the jackpot
- b) research, plan and save on a regular basis

7) When designing a landscape plan for your house you choose:

- a) annual plants that will bloom this season
- b) perennial plants that take 2-3 seasons to fill in properly

8) I have the most fun at a party where I can:

- a) jump from group to group without having to talk to anyone for very long
- b) have deep conversations with a few people

9) When receiving recognition or rewards, I prefer:

- a) frequent, small rewards or recognition
- b) fewer, more substantial rewards or recognition

10) You have a career or personal issue that needs to be resolved. You choose to:

- a) look for a quick fix that does not require too much of your time or effort
- b) take an active role in searching for a long term win-win solution

Results:

If you chose 'b' six or more times, Homeopathy is a good fit for you.

You understand that planning ahead has a better chance of success than hoping for a miracle in a time of crisis. With Homeopathy, you are prepared to wait for superior results. You understand the goal of homeopathic treatment is to improve health in the most gentle and long lasting way. Call your local homeopath, today!

If you chose 'a' six or more times, a body work therapy is a good fit for you.

Reflexology and/or Massage Therapy, etc... provide health benefits immediately by giving your immune system a small boost after each treatment. Body work treatments need to be scheduled consistently and frequently to maintain your immune system's strength.

To experience maximum health benefits and ensure your immune system will reach its peak performance level, it's best to create a health plan that includes Homeopathy and your favorite body work therapy.

If this quiz helped you it may help some of your friends too. Pass it on today!